

Workbook: Redeeming the Time and Exercising Dominion

Key Scripture:

"Making the best use of the time, because the days are evil." - Ephesians 5:16

1. What does "redeeming the time" mean to you personally?

2. Reflecting on your daily life, what opportunities might you be missing or underutilizing?

3. Finish this sentence:

"God has given me time to accomplish _____, and I can maximize it by _____."

Key Concept:

The Bible urges us to "walk circumspectly, not as fools but as wise" (Ephesians 5:15).

1. What areas of your life require more intentional wisdom? (Relationships, work, spiritual life, etc.)

2. Finish this sentence:

"I will begin to walk more wisely by _____."

3. Describe a situation where you acted wisely and the outcome was positive. How did you redeem that moment?

Key Concept:

The days are full of moral challenges and distractions, making it vital to live intentionally.

1. What distractions or influences are pulling you away from making the most of your time?

2. Complete this sentence:

"To overcome the evil influences in my life, I need to _____."

3. How can you align your time and priorities to reflect Kingdom values in a world full of distractions?

Key Concept:

God calls us to exercise dominion in the earth through stewardship, multiplication, transformation, and inheritance.

1. Stewardship:

How well do you manage the resources, gifts, and time God has entrusted to you? (Grade yourself on a scale of 1-10.)

What specific areas of your life could benefit from better stewardship? (e.g., finances, time, relationships)

What action steps can you take to improve your stewardship?

2. Multiplication:

Are you actively multiplying the talents, skills, and opportunities God has given you? (Grade yourself on a scale of 1-10.)

In what areas could you be more intentional about multiplying your efforts to produce greater results?

Finish this sentence: "I can multiply my impact by _____."

3. Inheritance:

What are you building that will last beyond your lifetime and benefit future generations? (Grade yourself on a scale of 1-10.)

How are you intentionally creating a legacy in your faith, family, or community?

Complete this sentence: "To leave an inheritance, I will focus on _____."

4. Transformation:

How open are you to personal growth and change, and how are you transforming the environments around you? (Grade yourself on a scale of 1-10.)

What areas of your life or mindset require transformation to align more fully with God's purposes?

What steps will you take to embrace transformation and bring change to your sphere of influence?

Key Concept:

Redeeming the time means stewarding it wisely.

1. What does good stewardship of time look like for you?

2. Identify three ways you can be a better steward of your time this week:

1. _____

2. _____

3. _____

3. Finish this sentence:

"One small change I can make to better manage my time is _____."

Key Concept:

We are called to live purposefully, making an impact with our time and resources.

1. What is your God-given purpose, and how are you using your time to fulfill it?

2. Complete this sentence:

"I will create a lasting impact by _____."

3. What are two ways you can multiply your influence and contribution to others this week?

1. _____

2. _____

Key Takeaway:

Practical steps to redeem the time and live a more purposeful life.

1. List three time-wasters you will eliminate from your daily routine:

1. _____

2. _____

3. _____

2. Complete this sentence:

"One actionable step I will take to redeem my time this week is _____."

3. What is one Kingdom-focused goal you will set this month, and how will you allocate time to achieve it?

Take a moment to reflect on your life and time. How would you grade yourself overall in the four pillars of dominion (stewardship, multiplication, inheritance, transformation), and what areas need your attention most?

Stewardship: _____

Multiplication: _____

Inheritance: _____

Transformation: _____

What is one major takeaway from this presentation that you can apply immediately?
